

2024 Coaches Information

Thank you for being a coach! Without you, kids would not have the opportunity to play.

Our mission is to teach the importance of teamwork, skills and sportsmanship and to provide a safe, nurturing and fun environment for all children regardless of skill level.

Before Each Game:

U6 & U8 Coaches will be in charge of pregame check-in. That includes:

- Players Uniform,
 - Checking cleats (no stud should be present).
 - Shin Guards are MANDATORY.
 - Shin guards must be covered by socks completely.
 - No jewelry at all! Medical bracelets/necklaces need to be taped down.
- Each coach needs to set up their ends of the field, (goal, net, and flags).
- Basic Rule Review:
 - No abusive language
 - No pushing or violent behavior/actions
 - No spitting!!

Any violations of these rules will result in 1 warning then a send off.

Fields, Nets, and Corner Flags

Fields are striped by volunteers. If you or someone you know can help, please email us at uvysl83@gmail.com. All equipment for striping is provided.

It is important we leave fields clean. **Please ask players, parents, and spectators to help pick up after every practice and game.**

Equipment

Every player receives a ball as part of their registration. **Any defective balls may be traded-in.** All other equipment issued should be returned at the end of the season. Equipment return dates and times will be announced. Please do your part to help keep equipment costs down!

Player Injuries

Be prepared! For any injury that requires medical treatment during a game or practice, call Lindsey at (707) 467-7366 immediately.

Do not allow a player with a head injury to return to a practice or a game.

Any bleeding must be stopped and the wound covered before returning to play

Unregistered Players

Please do not allow a child not listed on your roster to practice or play on your team. Any child not registered with the league is not covered under the insurance. Instruct the parent of the child to contact us at uvysl83@gmail.com to register with the league or to find their child's assigned team.

Player Adds/Player Drops

All player adds and drops (if any) must be handled through the UVYSL registrar (Lindsey Okulove). Coaches/Teams may not recruit additional players specifically for their team. Please read our "Requests, Transfers, Drops and Adds," page for more in-depth policies. If a player intends to drop from your team, contact us at uvysl83@gmail.com as soon as possible.

Rainy Days

Games can never be played during lightning!

Games may be played in the rain if the field conditions permit. UVYSL will contact coaches with any emergency cancellations. Be prepared to play if no announcement has been made. The decision to cancel is an agreement between the two coaches, if not already stated by UVYSL.

Extreme Heat or Air Quality Advisory

Practices and games are to be canceled if temperatures are above 95 degrees or air quality conditions may present a health risk.

Rules

Follow FIFA rules of the game. Also, refer to "UVYSL Recreational Rule Highlights" and "UVYSL Modified Rules" (U6, U8, U10, U12 & U16) included in this packet.